



ARMY PUBLIC SCHOOL KAPURTHALA MARCHING AHEAD IN COVID TIMES...

NEWSLETTER (SPECIAL EDITION)



PRINCIPAL'S MESSAGE

"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"

Greeting Everyone!!

COVID-19 Pandemic has surely altered lives and disrupted normal life across the world. We understand the challenges faced by Children, their parents and the teachers to cater to the academic needs during closure of school and adapting to virtual learning. But I am proud of you as you as you continued to demonstrate to work to the best of your abilities to learn new instructions.

Our talented and dedicated staff, both teaching and non-teaching, have been showing their care and concern for the students working from home preparing notes and engaging classes online for the benefits of students. I appreciate their concern for the students and commitment to academics.

A big hand for all the parents for their continued support. We believe that this is the time to not just deal with current emergency, but also build foundations of resilience to face such difficult events in the future. Let us consider this formidable challenge as an opportunity to learn and must rise to meet this bravely. We shouldn't let the pandemic pin us down. We must remain positive and keep our hopes alive as I believe that "Nothing is predestined. The obstacles of our past can become the gateways that lead to new beginnings."

Stay well! Stay Positive! Keep Smiling!

- MAMTA AGARWAL

BRIEF HISTORY

Army Public School, Kapurthala was established in 1992 to cater the need of quality education to the children of defence personnel and civil population. The school is a Co-educational English Medium School and has been affiliated to CBSE Delhi since 1995. The School is being run under the aegis of Army Welfare Education Society. The school was operating in Huts (MES) of Old Military Station, Kapurthala. The School has now shifted to new school building

TABLE OF CONTENTS

1. Inauguration of New School Building
2. Laboratories
3. Music Room
4. Art Room
5. Library
6. Playgrounds
7. Computer Lab
8. Multipurpose Hall
9. Online Classes through MS Teams
10. Pre-board Exams
11. PTM
12. Activities
13. Mental Health
14. Faculty Development
15. Online Counselling Session

“SCHOOL IS A BUILDING WHICH HAS FOUR WALLS WITH TOMORROW INSIDE”

5 NOV, 2020: A new building of the Army Public School in Kapurthala Military Station was inaugurated on 5 Nov 2020. The new building has augmented the existing school infrastructure and aims to take the school from strength to strength.

The new building was inaugurated by Lt Gen Sanjeev Sharma, General Officer Commanding (GOC), Vajra Corps, and senior patron of the school. Nandini Sharma, zonal president, Army Wives' Welfare Association, was also present during the inauguration ceremony. The GOC lauded the efforts of various agencies for re-locating and setting up of the new school building.

The new school building is equipped with well-furnished classrooms, laboratories, library, an art room, a music room, a conference room and a multi-purpose hall. The school aims to upgrade to senior secondary level with all the streams (Humanities, Commerce and Sciences) in the times to come.



LABORATORIES

“Everyone needs a laboratory. Amazing things come from experimentation”

School laboratories are a great place for students to enhance their learning by understanding the theoretical concepts of science which are taught in classrooms. The three separate well-equipped laboratories for Physics, Chemistry and Biology at APS Kapurthala make science experiments fun and help to ensure that students grasp each and every concept thoroughly and achieve good academic results.



SCIENCE PARK

The school also boasts of a Science park within its campus that facilitates the children to mingle with Science in a play-way manner.



LIBRARY

*“The library is the temple of learning
And learning has liberated more people
Than all the wars in history.”*

- Carl T. Rowan

A library is a place where both teachers and students have access to a wide range of resources to meet their teaching and learning requirements. The library at APS Kapurthala houses a wide collection of books of different genres. The library serves to be not only a source of information but develops a lot of skills in students in a joyful manner.



MUSIC ROOM

*“Music is a magic like no other,
Which can do incredible, unexplainable things”*

-Tom Fletcher

Music is the essence of life. And research has shown that music has a positive impact on the social and cognitive development of children. This impact is long-term with better hearing, enhanced memory, better verbal and literary skills and also better motor skills. In view of this APS Kapurthala has dedicated a spacious and well-equipped room for music that provides for both vocal as well as instrumental music classes.



ART ROOM

*“Art is a place for children to learn to trust their
ideas, themselves and to explore what is possible.”*

- Maryann F Kohl

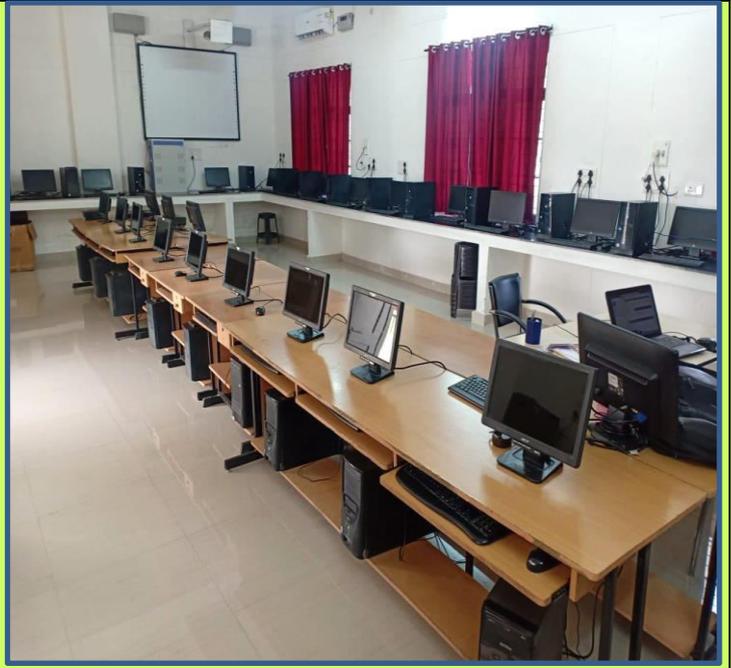
Art is an important element of school education, as it helps improve emotional balance and helps children become team players. Art education helps improve decision-making, boosts self-confidence and makes children more self-assured, as they learn about what appeals to them and that directly influences how their final product will look. The school has one dedicated room where students explore their creativity under the able guidance of their art teacher.



COMPUTER LAB & LANGUAGE LAB

Technological advancement has grown at an exponential rate in the past few decades. Modern day living has become completely dependent on technology which has permeated all aspects of our existence. Schools have had to keep abreast with these new trends which have had an important impact on education as well. Integrating technology into the teaching-learning process has been a major concern for us. So, we have provided ample number of computers in the computer lab at the school to meet these requirements.

The Language Lab is an extension of the ICT system (Wordsworth) that has been installed in the school. It is connected to the Wordsworth server which provides the needed software. The students have started exploiting this given opportunity to their benefits. The lab will go a long way in enhancing the students' efficiency in their language.



MULTIPURPOSE HALL



One of the biggest attractions of our school is our Multipurpose Hall which is designed in adherence to Ultra-modern & Eco-friendly specifications. It is extensively utilized as an integral domain of the school. Our MPH is an architecturally beautiful structure on the campus. It is technologically integrated and easily maintained.

It has the capacity to accommodate more than 200 people.

As a great multipurpose space, the hall satisfies the needs of its assigned functions – be it multimedia presentations, stage and musical productions or physical education.

SPORTS INFRASTRUCTURE

PLAYGROUNDS

We believe in holistic development of every child. It is our conviction, that physical activity through sports and games is an essential ingredient for the personality development of every student. We believe that academics and sports are compatible and complimentary in realizing the child's full potential. Winston Churchill is famously known to have said, "the battle of Waterloo was won on the playfields of Eaton and Harrow!" Activity on Playfield develops the qualities of team work, leadership, dedication, self-confidence and self-esteem. We offer a very wide range of sports and games, so that every student can at least one in which she/he can excel. These can be broadly listed as follows: Athletics, basketball, football, martial arts, Horse Riding, Badminton, Cricket, Lawn tennis, table tennis, chess etc. School is shortly coming up with Arching & fencing.

PLAYGROUNDS/OUTDOOR GYM

*"Children learn as they play,
More importantly, in play,
Children learn how to learn"*
- O Fred Donaldson

*"Going to Gym is great for
your body, but also great for
your mind."*
-Rory Macilray



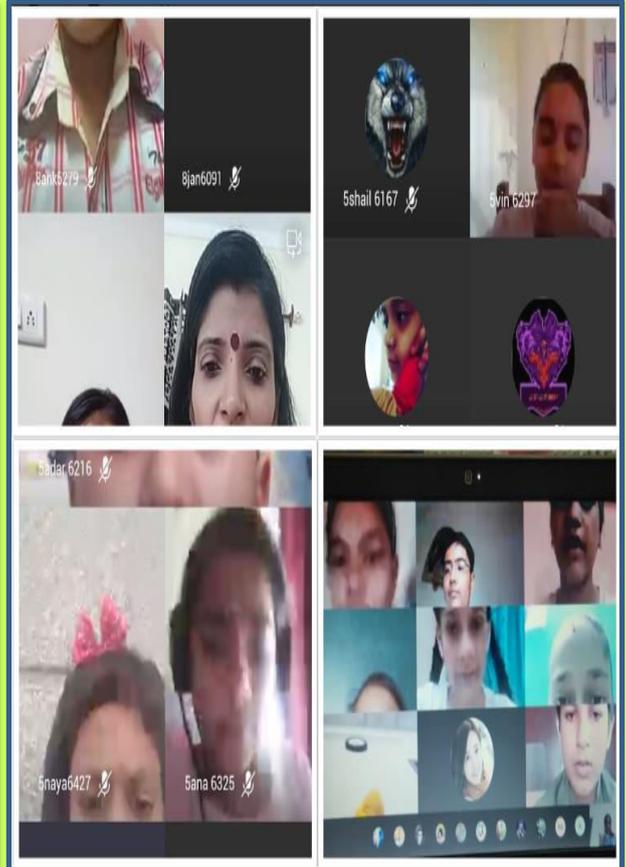
VIRTUAL LEARNING

The past one year has been an unprecedented one with schools being shut all over the world. Education has changed dramatically with the rise of e-learning, where the teaching-learning process had to take place remotely on digital platforms. Students as well as teachers were faced with the need to adapt to online teaching with the national lockdown.

Army Public School, Kapurthala, could meet this situation successfully, adapting quickly to the new requirement. Since April 2020 online classes have been the new norm with offline classes for classes 9 and 10 being started only since November 2020 as doubt-clearing sessions, in lieu with Govt. directives.

Benefits of slots

- Students have the flexibility to access and work through materials at their own pace.
- Duality of attendance (in case of siblings) on the same id could be avoided and every student could attend classes.
- Low teacher-faculty ratio as entire class was divided into slots, which led to better teacher-student interaction.



ONLINE COUNSELLING SESSIONS

Regular counselling sessions are being conducted to provide necessary guidance to the students of class X about making the right career choice, the school organised a career counselling webinar on 16 April 2021 with an esteemed panel of guest speakers from atfirstpage- a career enablement company, apprising students of class X about the various streams that they can opt for after class 10 and the career options they can choose from after class 12. It was a highly interactive session where students posed their queries to the esteemed panel, which the panel very thoroughly explained to each student.



PRE-BOARD EXAMS

Pre-board exams were conducted in the school premises in the month of December following strict Covid protocols. The examination was held to prepare the students of class 10 for the board exams.



“THE QUALITY OF A LIFE IS DETERMINED BY ITS ACTIVITIES”

CO-CURRICULUM ACTIVITIES (2020-21)

ONLINE ACTIVITIES CONDUCTED

1. SUMMER CAMP
2. WORLD ENVIRONMENT DAY
3. KARGIL DIWAS
4. RAKHI AND CARD MAKING COMPETITION
5. INDEPENDENCE DAY CELEBRATION
6. ONLINE PARENTS-TEACHER MEETING
7. TEACHERS’ DAY CELEBRATION
8. NCC
9. HINDI DIWAS
10. DIWALI AND CHILDREN’S DAY CELEBRATION
11. CLEANLINESS DRIVE
12. CHRISTMAS CELEBRATION
13. LOHRI, PONGAL CELEBRATION
14. REPUBLIC DAY CELEBRATION

Extra-Curricular Activities play a very significant role in inculcating diverse values amongst the students. The school is known for its co-curricular and extra-curricular activities, holistic education and good discipline. Many co-curricular and extra-curricular activities are available for students to participate throughout the academic year. Our activities include quiz, recitation, elocution, debate, short story writing, art & craft, making charts and models, mental mathematics, music, dance, drama, sports, gym, swimming, games, charity work, organisation of exhibitions, celebration of festivals etc. these activities cater to the cultural, social and aesthetic development of students. These activities make the students fit for the future time and to develop a sense of competitive, diligence, punctuality, team-spirit as well as to provide a backdrop for the development of their creative talents.

With the COVID – 19 Pandemic raging all through the country and schools being shut, a virtual summer camp was organised during lockdown to engage the students during summer vacation by conducting activities for fun and learning at the same time. The online Summer Camp was conducted with the purpose of not only enriching the participants with knowledge but also to make them do what they are best at by giving wings to their imagination and creativity.

During the summer camp, a wide range of activities related to music, health and fitness and me time were conducted every day to take care of their overall well-being. Activities like *Swara Sadhna*, *Teentaal*, Aluminium Foil Craft, Newspaper Craft, Yoga, Story Composition, ‘Cooking without Fire’ etc. were organised online to enhance children’s literary, creative and imaginative skills.

ONLINE SUMMER CAMP



WORLD ENVIRONMENT DAY

To create awareness about the environment and to save our mother nature from being exploited and harmed, knowledge of how to protect our nature and maintain greenery everywhere was shared among students through different activities like slogan writing on the topics 'Save our Earth and Say No to Plastic Bags', 'Planting a Sapling' etc. were organised on World Environment Day.



Oil Pastel Painting



KARGIL DIWAS

The spirit of the Indian Armed Forces inspires each and every citizen of India, but it strikes an especial chord in the hearts of the wards of the Army personnel. The year 2020 saw the students and teachers celebrate Kargil Diwas to honour the Kargil War Heroes with great pride. Even though they were restricted to the virtual platform, their enthusiasm could not be restricted even by the ongoing pandemic. The essence of Kargil Diwas was significantly seen in various activities like Painting, Poster Making, Declamation, Card Making, Poem Recitation, Slogan Writing, Patriotic song in which students participated enthusiastically



ONLINE PARENTS-TEACHER MEETING

We conducted the Parent teacher Meeting (PTM) for the academic year 2020-21 virtually, as communication between parents and teachers is essential to students' success in the classroom. The main purpose of the meet was to create a common platform, where teacher and parents could come together to enrich students' educational experiences and discuss a variety of issues regarding all round development of students. The virtual connect and between the teachers, students and parents was a good opportunity to build a stronger rapport. We conducted the Parent teacher Meeting (PTM) for the academic year 2020-21 virtually, as communication between parents and teachers is essential to students' success in the classroom.



NATIONAL CADET CORPS

NCC is an integral part of our Curriculum. The National Cadets Corps (NCC) is the National Cadet Corps which works to inculcate the qualities of discipline and patriotism among youth of the nation. It is open to school students on voluntary basis. The Cadets are given basic military training in small arms and parades. Every cadet during the training year attends an annual training camp of 10 days duration



TEACHERS' DAY CELEBRATION

Our parents are our teachers and our teachers are our second parents and both are instrumental in shaping the future of students. So, to show gratitude towards teachers' efforts and guidance as a mentor, students expressed their love towards their teachers by making beautiful cards for them. Keeping in line with the Covid protocol, Teachers day was celebrated virtually on MS Teams.

HINDI DIWAS

"Hindi is the symbol of our social and cultural unity and is the main connecting language of the people of India."

APS, Kapurthala organised activities such as Extempore, Declamation to commemorate 'Hindi Diwas' via the virtual route. The students were made aware of the significance and richness of Hindi language and were urged to make an endeavour to learn and enhance Hindi communication skills so that they can



DIWALI AND CHILDREN'S DAY CELEBRATION

Army Public School, Kapurthala witnessed hearty bonding by celebrating Diwali and Children's day through the virtual platform of MS –Teams. The celebration highlighted the significance of Diwali festival which symbolizes the triumph of good over evil, light over darkness and the new beginning. Students made beautiful rangolis, decorated diyas, made posters, sang songs and delivered speeches during the virtual celebrations. Children's day is celebrated to emphasize the importance of giving love, attention and affection to children. This year to make Children's Day special, teachers organised online games like Random wheel, Quizzes, Sorting, Thumbs up, Try to Find song etc., which made it a fun-filled day for the children. Children's day is celebrated to emphasize the importance of giving love, attention and affection



CLEANLINESS IS NEXT TO GODLINESS

Our school organised a cleanliness drive under Swachh Bharat Abhiyan programme in December in the cantonment area. The main purpose of this programme was to create awareness among the students regarding cleanliness and its benefits.



CHRISTMAS CELEBRATION

The festival of Christmas celebrates the birth of Jesus Christ and conveys a positive message of love, tolerance and brotherhood. It is a festival which inspires the spirit of sharing and caring. In order to inculcate the spirit of love and sharing, Army Public School, Kapurthala, organised a virtual Christmas celebration for the students on 24th December 2020. The celebration gave a positive message through Christmas carols and meaningful songs sung online. The boundless joy of celebrating the festival was visible on the faces all the children as they enjoyed activities like Christmas Tree Decoration, Table Decoration, Card- Making etc. It was indeed a memorable celebration.



LOHRI, PONGAL CELEBRATION

“The greatness of a culture is found in its festivals.” To make the kids aware about our rich Indian culture and tradition, we celebrated the festivals of Lohri, Pongal and Makar Sankranti. The teachers explained the importance of these festivals to the students. Children enjoyed the festival celebration

REPUBLIC DAY CELEBRATION

We conducted the Parent Teacher Meeting (PTM) for the academic year 2020-21 virtually, as communication between parents and teachers is essential to students' success in the classroom. The main purpose of the meet was to create a common platform, where teacher and parents could come together to enrich students' educational experiences and discuss a variety of issues regarding all round development of students. The virtual connect between the teachers, students and parents was a good opportunity to build a stronger rapport



MENTAL HEALTH

To help Children cope with stress caused due to the unprecedented situation of Lockdown due to Covid, Army Public School Kapurthala set in place various interactive sessions and desensitization related to covid-19 was conducted by the school counsellor regularly for the students as well as teachers on various topics like educating stress, Examination Anxiety, Peer Pressure to name a few.

FACULTY DEVELOPMENT PROGRAMME

LIST OF WEBINARS ATTENDED BY APS KAPURTHALA TEACHERS

DATE	CONDUCTED BY	TOPIC/ CONTENT	ATTENDED BY
5-6 JUNE,2020	GURUSHALA	STRATEGIES OF TEACHING FROM HOME	10 TEACHERS
8 JUNE,2020	O.P. JINDAL UNIVERSITY	ONLINE LEARNING: THE MEDIUM OF TOMORROW	10 TEACHERS
15-19 JUNE,2020	O.P. JINDAL UNIVERSITY AND FDRC	REVISED MODEL	PRINCIPAL + 10 TEACHERS
22-26 JUNE,2020	FDRC	INCLUSIVE EDUCATION	PRINCIPAL +COUNSELOR + 1 TEACHER
29-03JULY, 2020	FDRC	WEB. NO. 54	PRINCIPAL
13- 17 JULY, 2020	FDRC	WEB. NO. 7- PRT	2 TEACHERS
17-07-2020	CBSE	ALTERNATIVE ACADEMIC CALENDER	PRINCIPAL +ALL TEACHERS
21-07-2020	CBSE	LEADING TRANSFORMATION IN AN ERA OF DIGITAL LEARNING	PRINCIPAL +ALL TEACHERS
22-07-2020	CBSE	TRANSITIONING TO REMOTE OR ONLINE EDUCATION	PRINCIPAL +ALL TEACHERS
20 TO 24 JULY,2020	FDRC	TGT ENGLISH WKSP NO.104	MS. JYOTI RATHEE, MS, PINKY
27 TO 31 JULY,2020	FDRC	TGT ENGLISH WKSP NO. 106	MS. JYOTI RATHEE, MS. PINKY
03-07 AUGUST,2020	FDRC	WKSP NO. 9 FOR MATHEMATICS	AJAY KASHYAP, A. ANITA KUMARI
13 AUGUST,2020		CYBER SECURITY MEETING	MR. TARUN, MR. GURPREET, MS. RAMESHVARI, MR. INDERJIT SINGH, MR. ANKUSH, MS. POOJA
17-21 AUGUST	FDRC	WKSP NO. 10	MS. GAGANDIP, MS. SWEETY
31 AUG- 04 SEPTEMBER,2020	FDRC	WKSP NO. 12 FOR HINDI	MS. USHA RANA, MS. RENU BALA
6 OCTOBER,2020	CBSE	WEBINAR ON EXPERIENTIAL LEARNING	ALL TEACHERS
17 AND 18 NOV, 2020	RAMAKRISHNA MISSION, NEW DELHI	The Awakened Citizen Program: Teachers' training Online (Year 1) for Army Public School (Western Command)	MA. GAGANDEEP, MS. HARJEET
1 TO 4 DEC, 2020	FDRC	TGT SANSKRIT WEBINAR WKSP NO. 115	MS USHA DEVI

“OUR VISION IS TO OFFER AN ARTICULATED PEDAGOGY THAT EMPOWERS STUDENTS TO BE INDEPENDENT CRITICAL THINKERS AND RESPONSIBLE GLOBAL LEADERS”